

## Sri Sri Ravishankar Ji On Faith

If you think your faith in God does God a favor, you are mistaken. Your faith in God or your guru does nothing for God or guru. Faith is your wealth. Faith gives you strength instantly. Faith brings you stability, centeredness, calmness and love. Faith is your blessing. But here is a paradox: If you lack faith, you have to pray for faith. Yet to pray, you need faith.

People put their faith in the world, but the whole world is just a soap bubble. People have faith in themselves, but they do not know who they are. People think they have faith in God, but they do not really know who God is.

There are three types of faith:

**Faith in yourself** – Without faith in yourself, you think, "I cannot do this. This is not for me. I will never find freedom in this life."

**Faith in the world** – You must have faith in the world or you cannot move an inch. You deposit money in the bank with the faith it will be returned. If you doubt everything, nothing will work for you.

**Faith in the Divine** – Have faith in the Divine and you will evolve.

All these faiths are connected. You must have all three for each to be strong. If you start doubting one, you will begin to doubt everything. Atheists seem to have faith in themselves and faith in the world but not in God. Yet they do not actually have complete faith in themselves. And their faith in the world cannot be constant because the world is always changing. Lack of faith in God, the world or yourself brings fear.

Having faith in the world without having faith in God does not bring complete peace. If you have faith and love, you automatically have peace and freedom. People who are extremely disturbed should have faith in God to help them with their problems. There is a difference between faith and confidence. Faith is the beginning. Confidence is the result. Faith in yourself brings freedom. Faith in the world brings you peace of mind. Faith in God evokes love in you.

**By Sri Sri Ravishankar Ji**