

## Gautam Buddha Quotes

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On Anger:  Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.
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On Judgmental People:
People with opinions just go around bothering each other.
On Truth:
Three things cannot be long hidden: the sun, the moon, and the truth.
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On Anger:
You will not be punished for your anger; you will be punished by your anger.
On Work:
To be idle is a short road to death and to be diligent is a way of life; foolish people are idle, wise people are diligent.
On Friends:
An insincere and evil friend is more to be feared than a wild beast; a wild beast may wound your body, but an evil friend will wound your mind.
On Love:
You, yourself, as much as anybody in the entire universe, deserve your love and affection.
On Envy:
Do not overrate what you have received, nor envy others. He who envies others does not obtain peace of mind.
On Good Deeds:
Neither fire nor wind, birth nor death can erase our good deeds.
On Thought:
The mind is everything. What you think you become.
On Gratitude:
Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful.
On Hatrad

Hatred does not cease by hatred, but only by love; this is the eternal rule.

